

project requirements, progress updates, and technical intricacies, even when clients come from different linguistic backgrounds.

Moreover, a considerable portion of programming languages, libraries, frameworks, and technical documentation is available predominantly in English. Proficiency in the English language is therefore vital for developers to effectively access and utilize these resources. Whether it's deciphering documentation, troubleshooting errors, or engaging in online forums and open-source projects, mastering English empowers programmers to navigate the expansive array of software development tools and resources with confidence.

Open-source software development stands as a cornerstone of the industry, fostering collaboration and innovation. Within open-source communities, such as those found on platforms like GitHub and GitLab, English emerges as the lingua franca. Engaging in open-source projects and contributing to the community often demands proficiency in English, defining its importance as a critical skill for developers looking to enrich their professional profiles or make meaningful contributions to the community.

Furthermore, English proficiency plays a pivotal role in propelling the careers of programmers worldwide. In an industry characterized by remote work and cross-border collaboration, fluency in English enhances job prospects and unlocks opportunities on a global scale. Whether communicating with peers, pitching ideas to stakeholders, or pursuing positions at multinational tech companies, strong English language skills are highly valued and can significantly bolster a programmer's professional trajectory.

In conclusion, the role of English in programming cannot be overevaluated. As the universal language of the coding world, English serves as the basis for effective communication, collaboration, and knowledge sharing among developers globally. Its importance spans across various aspects of software development, from coding and documentation to client interactions and participation in open-source communities.

The prevalence of English in programming proves its indispensable nature in navigating the complexities of modern software development. Proficiency in English not only enhances one's ability to access resources and contribute meaningfully to projects but also opens doors to diverse opportunities in the tech industry.

As technology continues to advance and the demand for skilled programmers grows, mastery of English remains a valuable asset for both aspiring and seasoned developers alike. By recognizing and embracing the pivotal role of English in programming, developers can harness its power to further their careers, foster innovation, and drive positive change within the global developer community.

O. Kriukova

**HARMONY IN MOTION:
THE EVOLUTION AND SIGNIFICANCE OF SPORT BALLROOM DANCE**

O. Крюкова

**ГАРМОНІЯ У РУСІ:
ЕВОЛЮЦІЯ ТА ЗНАЧЕННЯ СПОРТИВНОГО БАЛЬНОГО ТАНЦЮ**

Sport ballroom dance is a form of dance art that is actively developing. It combines choreography and elements of sports, making it unique in its kind. In sport dances, where the assessment of artistic expression is already a standard practice, it is based on the same principles as the assessment of performance technique. Each movement is evaluated separately and then summed up to get an overall impression of the performance. This

approach is also used by researchers to determine the criteria for artistic evaluation and the objectivity of judging.

Previously, dances were considered a form of art, but today ballroom dances are considered as «artistic sport». The requirements for dancers include not only high physical fitness and technical skill but also the ability to emotionally express themselves through each movement. In ballroom dances, artistic expression is considered a key element that helps create a special atmosphere of the performance and make it memorable for the audience.

Ballroom dance requires performers to have high coordination, flexibility, and precision of movement, which impresses with its beauty and sophistication, creating a unique atmosphere of harmony and elegance. In this type of dance, various techniques and styles are combined, making it dynamic and exciting for the audience. Additionally, dancing helps improve the emotional state of the dancer, reduce stress and tension, and over time, most dancers become more confident and communicative.

Although each dance has its own character, each can show this character in its own way, expressing itself in different roles. Both artistic gymnastics and ordinary dances, in sports dances, the smoothness of movements and the attractive appearance of the couple are important components of success.

There are many types of ballroom dances, and everyone can find something for themselves, as ballroom dances are popular all over the world. Ballroom dances have been performed since the XX century — once at balls and other social events, and now professionally at competitions and tournaments, as well as at parties. They are the most popular and beloved partner dances, the movements of which are universal and always necessary in life.

Ballroom dances are a form of art, as they have such aesthetic features as harmony of movements, beauty and expressiveness of poses, musicality, aesthetics of costumes and decorations. Ballroom dances have rich symbolism, which is expressed in the movements of the dancers, in their costumes, and decorations.

Watching couples on the dance floor inspires someone to improve their dance, for someone to paint a picture or even write a song. Ballroom dance is a form of art that you want to live with. Ballroom dances also serve as a form of communication between partners, allowing them to express their feelings and emotions to each other. These dances perform an important social function as they contribute to the development of culture and art, and strengthen interpersonal relationships.

Ballroom dances are a unique form of art with a rich history and tradition. I am very proud of what I do. Ballroom dances continue to evolve and improve, opening up new opportunities for their further use in various spheres of society. Yes, times are changing and attitudes towards dances are changing, but the significance of dances as an art form will always remain, and it is hoped that ballroom dance will remain as delicate and refined even after 100 years.

Ballroom dance doesn't just keep up with the times, it actually stays 10 steps ahead of them.

Ballroom dance is developing so rapidly and gaining popularity worldwide that it feels like if you were to count the people who have tried ballroom dancing at least once in their lives, it would be around 70 percent.

For each person, ballroom dancing can mean something different — for some it is a sport, for others it is an art, and for others it is just a hobby. But it's important not to forget the role that ballroom dancing plays in your life.