

artistic. We hope that through the transformation of teaching mode, the efficiency of modern dance teaching can be greatly improved.

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**ANALYSIS ON THE DEVELOPMENT AND TEACHING PRACTICE
OF NATIONAL STANDARD ART PERFORMANCE DANCE**

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**АНАЛІЗ РОЗВИТКУ ТА ПРАКТИКИ НАВЧАННЯ НАЦІОНАЛЬНОГО СТАНДАРТУ
МИСТЕЦЬКО-ВИКОНАВСЬКОГО ТАНЦЮ**

According to the history of the development of international Standard dance in China, we can divide this process into two stages: the first stage is the competitive development stage that draws lessons from the western international standard dance model; the second stage is the stage of artistic development, which takes Latin dance and Modern dance as the dance vocabulary and integrates other dance arts on the basis. In recent years, ballroom dancing has developed rapidly in higher education. Both art colleges and sports colleges have set up ballroom dance or sports dance majors, which greatly promote the training of ballroom dance talents. In order to maintain the characteristics of traditional ballroom dance competition, in the current undergraduate teaching of ballroom dance, colleges and universities pay more attention to cultivating students' competitive dance ability, forming an athlete training model of "learning dance - practicing dance — competition", while ignoring the importance of comprehensive art education for cultivating applied and innovative talents. In particular, the emergence of artistic performance dance puts forward higher requirements for the cultivation of ballroom dance talents in colleges and universities cultivating all-round applied artistic talents who are competitive, performing, composing and teaching in one and meet the needs of society.

Nowadays, the whole world is trying to explore a breakthrough for the artistic creation of ballroom dance. Especially in China, the organizers of both national and local competitions are studying and developing rules conducive to the development of artistic performance dance and providing a platform for artistic performance dance to display.

In the majors of ballroom dance or sports dance in many colleges and universities in China, the traditional teaching of ballroom dance only focuses on cultivating single competitive players. Due to the appearance of art performance dance, this teaching mode has been more and more difficult to meet the needs of ballroom dance's vigorous development in our country.

After the reform of ballroom dance talent training methods in major art colleges, it is not difficult to find that the teaching and practice of artistic creation is an important part of the talent training in the undergraduate teaching of ballroom dance. Students are required not only to have excellent competitive dance skills, but also to learn and master the skills of creative dance. Both competitive dance and creative performance are indispensable in ballroom dance teaching. In the past, the teaching of ballroom dance paid more attention to the skills of competitive dance and ignored the importance of creative performance for cultivating applied and innovative ballroom dance talents.

According to the characteristics of ballroom dance students, it is an important way to train complex ballroom dance talents to set up art courses related to ballroom dance by rationally utilizing the teaching resources of art colleges and drawing on the teaching experience and creative achievements of other sister arts.